

## **Effect of examination stress on some metabolic parameters**

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### **Effect of examination stress on some metabolic parameters.**

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### **Introduction**

Stress response is characterised by biochemical, physiological and behavioural changes in the body. Changes in serum lipids have been reported during examination stress (2, 3, 4). Though emotional stress is known to affect the metabolic rate through alteration in homeostasis (5), yet examination stress has not been implicated as one of the factors influencing metabolic rate which inturn is - governed by oxygen (O<sub>2</sub>) consumption and carbon dioxide (CO<sub>2</sub>) output (6). Hence the present study was undertaken.

### **Reference**

Bijlani RL, Gandhi BM, Tandon BN. Effect of examination stress on serum lipid profile. *Trop Gastroenterol* 1983;4(3):168-70.